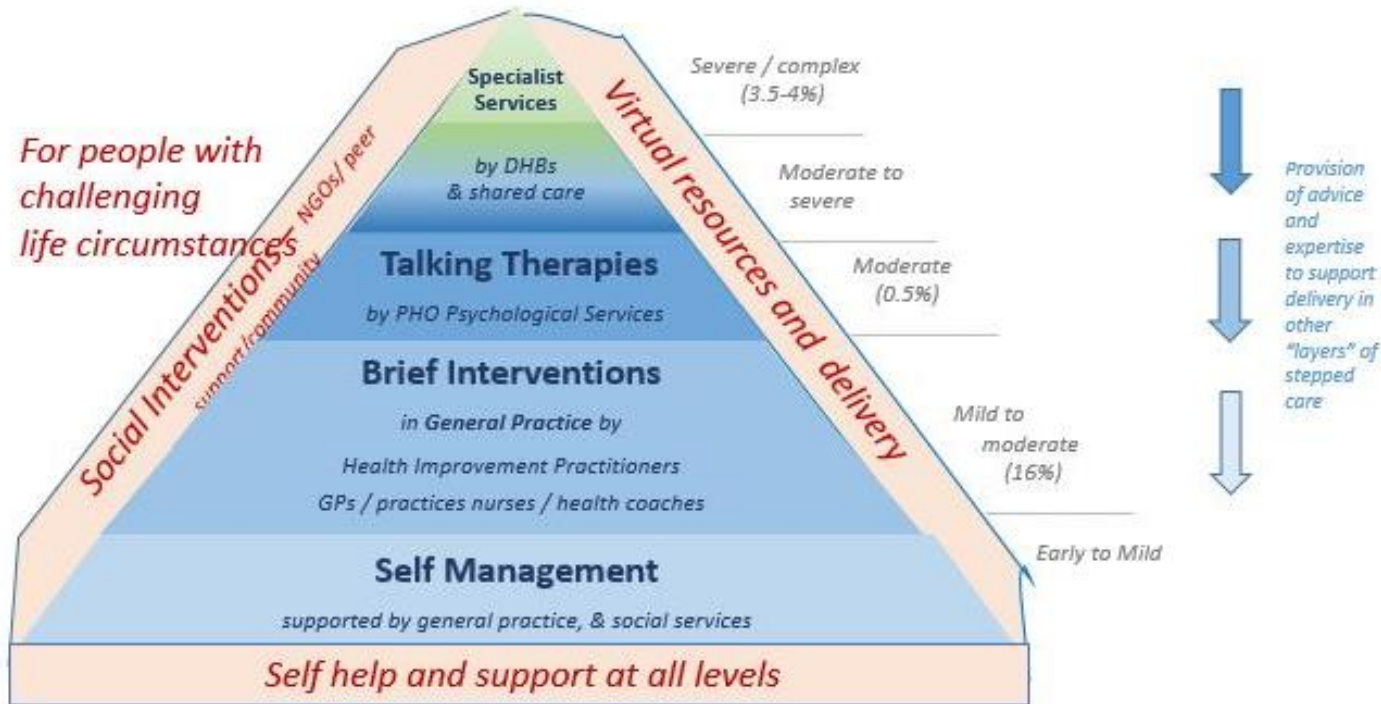


Primary Mental Health: A Major Priority

Level of **mental health or addiction** need among population served :
(full spectrum of need - 20%)



Model of integrated care in primary health



SELF-MANAGEMENT SUPPORT

Including digital and virtual support, self-management programmes and peer support/health coaching



CAPABLE GENERAL PRACTICE

Identifying and addressing needs within 'business as usual'

Integrated health improvement practitioners

Healthcare practitioners with appropriate credentials will provide new services within the general practice team:

Rapid access for people wanting to make changes that improve their health and well-being

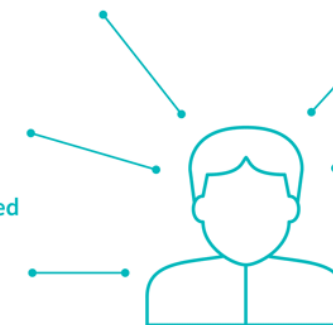
Working with agencies to better address social circumstances that complicate mental health or addiction issues

Advice and training for general practice teams

Specialist Talking Therapies for people whose difficulties cannot be addressed within the general practice team

Effective, focused and shorter evidence-based interventions

Primary/DHB shared care



ProCare is implementing a large demonstration programme from 2017 to test and evaluate this model in a range of practices across the Auckland region.